

# Expand Your Interpreter Knowledge

## Therapist Talk: A Mental Health Workshop

As a Berkshire AHEC Medical Interpreter Training Alumni you are cordially invited to expand your interpreting knowledge in the Mental Health field.

### Course Overview:

This 5 hour workshop will be an information session with regards to how as a Medical Interpreter we can focus on the process and emotion during a Mental Health interpreting encounter; we will explain therapy its complexity and the intense emotions all can experience. We will focus on Mood Disorders and PTSD. Participants will be able to define transference and countertransference and understand these roles within the therapeutic relationship and their impact on the medical interpreter, therapist and client. Be able to understand the various diagnoses classified under Mood Disorders, as well as symptoms characteristic of each disorder, understand the definition of Post-Traumatic Stress Disorder and have the ability to define interpersonal trauma and its implications for attachment, affect regulation and the development of interpersonal connection. Also the role of acculturation: assessment and treatment implications.

**Date:** Saturday February 20, 2016 (SNOW MAKE UP DATE – February 27, 2016)

**Time:** 9:30AM – 3:00PM

**Location:** UMASS Center Springfield, 1500 Main Street, Springfield, MA 01115

**Presenter:** Maria del Mar Farina

**Fee:** \$60.00

**CEU fee:** \$20.00

This course has been approved to provide 0.5 IMIA CEUs® & 5 CCHI instructional hours.

*10% off for Berkshire AHEC alumni (confirmation required)*

*10% off for CMI or CHI certified (proof required)*

***Please register by using one of the following methods:***

Online: [www.berkshireahec.org](http://www.berkshireahec.org)

Calling Berkshire AHEC at 413-447-2417

### Registration:

Berkshire AHEC provides on-line registration for its continuing education programs. Please visit [www.berkshireahec.org](http://www.berkshireahec.org) to register for this and all upcoming programs. Payment can be made with all major credit cards or electronic check. If you are unable to register electronically, Berkshire AHEC staff would be pleased to register you by phone. Please call us at (413) 447-2417 between 8 a.m. and 5 p.m., Monday through Friday.

**Certificates & Completion Requirements:** Participants are expected to sign-in and out, attend the entire program, and complete an evaluation. Certificates will be distributed to participants at the end of the program. Participants will not receive a certificate of completion until payment has been received and if the certificate cannot be presented at the event, the participant will be expected to pick up their certificate from Berkshire AHEC.

**Refunds:**

Berkshire AHEC does not provide refunds after 10 full calendar days prior to the date of the program. If an individual requests a refund after that due to illness a partial credit towards a conference occurring in the same fiscal year may be issued if Berkshire AHEC is notified before the close of business the day prior to the conference. Credits for cancellation due to illness will only be issued once per fiscal year per learner.

**Special Requests:** If you are hearing impaired, or are a person who is differently abled who requires accommodations, please contact Berkshire AHEC 15 days prior to the training.

**Information:**

**Berkshire AHEC:** (413) 447-2417

**Fax:** (413) 499-0370

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University of Massachusetts Medical School