



Depression and Anxiety in the Elderly

Wednesday, May 20, 2015

Register Today! Seating is Limited

www.berkshireahec.org



John S. Howland, MD is in private practice with Psych/Howland Associates, in North Adams, Massachusetts. He came to this area as the medical director of the Northern Berkshire Mental Health Association and worked for 10 years as the Director of Mental Health Services at Williams College. He has been in private practice in this area at several locations and currently also works as the consultant psychiatrist to the Counseling Services at MCLA. His expertise is in psychotherapy and psychopharmacology and he has a

**Special Thanks to our Event Sponsor:
Sugar Hill Senior Living Community**



Location: Sugar Hill Senior Living Community, 45 Main Street, Dalton, MA

Registration/Snacks: 5:30 pm - 6:00 pm

Program: 6:00 pm – 8:00 pm

Credits/Clock/Contact Hours: 2 Nursing, SW, NHA, Substance Abuse Counselors

Fee: \$30 if paid by Wednesday, May 13, 2015. Fee includes refreshments, course materials and certificate of completion.

Late/Walk In Fee: \$35, if paid after Wednesday, May 13th (based on availability).

General Public (GP) Fee: \$10 and **pre-registration is required**, GP fee does not include a certificate of completion.

Program Goal: This workshop is designed to discuss features, modes of presentation, and treatment of depression and anxiety in adults and older people.

Learning Objectives:

At the end of the program, the participants will be able to:

- 1) Describe various presentations of depression in the elderly.
- 2) Describe various presentations of anxiety in the elderly.
- 3) Recognize various treatment options.

Target Audience: This workshop is designed for healthcare professionals working with elderly populations.

Accreditation/Approval Information

Successful Completion Requirements: Participants are expected to sign-in and out, attend the entire program, and complete an evaluation. Certificates will be distributed to participants at the end of the program.

Nurses: Berkshire AHEC is an approved provider of continuing nursing education by the American Nurses Association Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Workers: Application for social work continuing education credits has been submitted to the Collaborative of NASW and the Boston College and Simmons Schools of Social Work.

Nursing Home Administrators: Berkshire AHEC is approved by the Massachusetts Board of Nursing Home administrators to provide education credits for nursing home administrators.

Substance Abuse Counselors: Berkshire AHEC, provider #762, is an approved education provider of the National Association of Alcoholism and Drug Abuse Counselors (NAADAC). Attendees earn 1.5 continuing education credits for this course.

Special Requests: If you are hearing impaired, or are a person who is differently abled who requires accommodations, please contact Berkshire AHEC 15 days prior to the training.

Refunds We offer partial refunds if you must cancel your registration. If you cancel two weeks or more prior to the event: 70% refund; if you cancel less than two weeks before the event: 50% refund. Please Note: *For cancellation within 24 hours of the event, a refund is NOT offered but you may send someone in your place to attend the training.*

Cancellation: Berkshire AHEC reserves the right to cancel a program due to low registration, speaker illness, cancellation or other uncontrollable circumstances. Notice of cancellation will be provided to registrants by phone, as soon as Berkshire AHEC becomes aware of the need to cancel and will also be recorded on the agency website and telephone message. After a program has been cancelled, refunds will be issued within 14 days.

Disclosure Policy: It is the policy of Berkshire AHEC to ensure balance, independence, objectivity, and scientific rigor in all its individually and jointly sponsored programs. All faculty participating in Berkshire AHEC programs are expected to disclose any conflicts of interest that they or their spouse/partner may have that has a direct bearing on the content of the continuing education program.

Grievance Procedure: It is the policy of Berkshire AHEC to provide a complaint resolution procedure that is timely and responsive to consumers of our services. Individuals wishing to register a grievance should contact the Executive Director, at Berkshire AHEC at (413) 447-2417, as a first step in the procedure for resolution.

For More Information:

Berkshire AHEC: (413) 447-2417

Fax: (413) 499-0370

Email: info@berkshireahec.org



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